Electrochemically active biofilms: facts and fiction. A review

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To cite this article: Jerome Babauta, Ryan Renslow, Zbigniew Lewandowski & Haluk Beyenal (2012): Electrochemically active biofilms: facts and fiction. A review, Biofouling: The Journal of Bioadhesion and Biofilm Research, 28:8, 789-812

To link to this article: http://dx.doi.org/10.1080/08927014.2012.710324
Electrochemically active biofilms: facts and fiction. A review

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(Received 1 March 2012; final version received 2 July 2012)

This review examines the electrochemical techniques used to study extracellular electron transfer in the electrochemically active biofilms that are used in microbial fuel cells and other bioelectrochemical systems. Electrochemically active biofilms are defined as biofilms that exchange electrons with conductive surfaces: electrodes. Following the electrochemical conventions, and recognizing that electrodes can be considered reactants in these bioelectrochemical processes, biofilms that deliver electrons to the biofilm electrode are called anodic, ie electrode-reducing, biofilms, while biofilms that accept electrons from the biofilm electrode are called cathodic, ie electrode-oxidizing, biofilms. How to grow these electrochemically active biofilms in bioelectrochemical systems is discussed and also the critical choices made in the experimental setup that affect the experimental results. The reactor configurations used in bioelectrochemical systems research are also described and the authors demonstrate how to use selected voltammetric techniques to study extracellular electron transfer in bioelectrochemical systems. Finally, some critical concerns with the proposed electron transfer mechanisms in bioelectrochemical systems are addressed together with the prospects of bioelectrochemical systems as energy-converting and energy-harvesting devices.

Keywords: electrochemically active biofilms; electroactive biofilms; anode-respiring biofilms; bioelectrochemical systems; electron transfer; anode; cathode; microbial fuel cell; microbial electrolysis cell

Introduction

Microbial respiration is based on electron transfer from electron donors to electron acceptors, a series of reactions facilitated by a cascade of energetic substances; these are well-known reactions described in the literature (Stams et al. 2006; Gralnick and Newman 2007; Bird et al. 2011; Kraft et al. 2011). The donors and acceptors of electrons are typically dissolved substances; however, some microorganisms can use solid electron donors and/or solid electron acceptors, such as minerals and metals, in respiration (Nealson and Finkel 2011). The exact mechanisms of electron transfer between microorganisms and solid substances remain a matter of intensive debate in the literature (Reguera et al. 2005; Coursolle et al. 2010; El-Naggar et al. 2010; Malvankar et al. 2011; Snider et al. 2011). Two conflicting points of view are usually presented in this debate: (1) the recently proposed point of view, that electrons are transferred by conduction through extracellular materials or elongated appendages called nanowires (Reguera et al. 2005; El-Naggar et al. 2010; Malvankar et al. 2011), and (2) the more traditional point of view, that the electrons are transferred using redox mediators, also known as electron shuttles (Marsili et al. 2008a; Coursolle et al. 2010; Peng et al. 2010; Velasquez-Orta et al. 2010). Biofilms with microorganisms capable of electron transfer to and from solid electron acceptors have been used in microbial fuel cells (MFCs) to harvest energy from various environmental processes (Sharma and Kundu 2010). The biofilms grown on the electrodes of MFCs are called electrochemically active biofilms (EABs), which is a misnomer as all microorganisms are electroactive in the respiration process. EABs are also known under several other names in the literature dedicated to MFCs, such as electricigen, electrochemically active microbes, exoelectrogenic bacteria, and anode-respiring or anodophilic species (Marsili et al. 2010). However, because the hallmark of EABs is the ability to exchange electrons with solid surfaces such as electrodes, the authors believe that the term ‘electrochemically active biofilms’ refers to the most basic property of these biofilms and it is used in this review.

The use of EABs in MFCs is not new. For various reasons, these devices have attracted some attention in the literature recently. In particular, researchers have recognized their potential use as alternative sources of...
energy. The attention MFCs receive is fully justified although some expectations of their ability to deliver large amounts of energy combined simultaneously with high power seem overly optimistic. It has been demonstrated that MFCs can be used successfully as a source of energy to continuously power electronic devices that consume low levels of power or to intermittently power electronic devices requiring higher power (Shantaram et al. 2005; Donovan et al. 2008, 2011). Much of the interest in using MFCs stems from the idea of harvesting energy from wastewater treatment processes, which at present are wasteful processes where energy-rich streams are reclaimed without obtaining useful energy (Du et al. 2007). There has been an estimate presented at conferences referring to the amount of energy that could be harvested from all wastewater treated in the US if the entire chemical oxygen demand were converted to the equivalent number of electrons and used to power external devices. In the authors’ opinion, this calculation resembles the computations estimating how much gold could be extracted from seawater, and how rich an individual could get by doing so, if all the oceans in the world were to be treated. There is some truth in these calculations, of course, but they neglect the costs and the technical problems associated with harvesting energy from wastewater or extracting gold from seawater. MFCs are fascinating devices, and they no doubt will find practical applications. In the short term, however, it is difficult to see how they can meaningfully contribute to solving the impending energy crisis. On the other hand, using MFCs for special applications, to power battery-reliant systems that consume reasonably small amounts of energy, has been gaining interest, as can be seen in the exponential increase in publications on their applications (Hamelers et al. 2010). Just how practical these applications will become remains to be seen.

Collectively, MFCs and the newer biologically catalyzed electrochemical cells have come to be known as bioelectrochemical systems (BESs) (Rabaey et al. 2007; Arechederra and Minteer 2008; Ivanov et al. 2010; Manohar et al. 2010; Rosenbaum and Schroder 2010). As BES research becomes more sophisticated, it appears that BESs can provide new insights into the fundamental mechanisms of electron transfer between microorganisms and solid substances. This application can deliver interesting results sooner than the expectations of harvesting large amounts of energy from wastewater processes can be fulfilled. There is a lot of excitement about using BESs and understandably all expectations may not be fulfilled. For that reason a somewhat provocative phrase is used in the title of this review, referring to ‘facts and fiction.’ The authors’ immediate goal is to review the state of the art of BES research and review what is known and what needs to be known to characterize these devices as legitimate power sources or as bioelectrochemical reactors that behave in a predictable manner. However, they would also like to attract attention to something they find promising in a much shorter time frame: to use BESs as tools of discovery in studying the process of electron transfer in EABs. For example, high-throughput, efficient BESs could be used to select for new EABs (Torres et al. 2009; Call and Logan 2011). Many researchers could use this technology as a tool for understanding the biochemistry of these unique microorganisms. This aspect of using BESs may be much less glamorous than the promise of delivering power to the national grid, but at the same time the expectations set are more realistic than converting all or even a large part of the chemical oxygen demand in wastewater into electron equivalents and using it to power external devices. As BES researchers, the authors are somewhat concerned that focusing on these glamorous but, in their opinion, currently unrealistic expectations, may do damage to a legitimate and very interesting field of research. They hope that this paper can help identify and evaluate the strengths and the limitations of BESs for both generating energy and studying the mechanisms of electron transfer between microorganisms in biofilms and solid substances.

Electrochemically active biofilm preparation and reactor configurations

Although there are many techniques for quantifying EAB extracellular electron transfer mechanisms, the quality and interpretation of the results are highly dependent on the way the study is conducted. Factors which are often selected arbitrarily, such as (1) the biofilm electrode material, (2) how the EABs were grown on the biofilm electrodes, (3) the reactor configuration used to grow the EABs, and (4) the reactor configurations used to study the extracellular electron transfer processes have a critical impact on the resulting EAB and its ability to participate in extracellular electron transfer processes. Identifying the effects of each factor on EAB performance may serve as a basis for optimizing the systems toward maximizing the rate of energy conversion.

Electrode materials

The biofilm electrode material affects the measured current and open circuit potential (OCP) of electrodes with EABs grown on them, and the choice of electrode material is important for the standardization of
reported values. Traditionally, cheaper graphite, carbon paper, carbon granule, carbon brush, or carbon felt electrodes are used in MFC practical applications (Wei et al. 2011; Zhou et al. 2011b). These carbon materials suffer from high background currents that can mask the electrochemical response of redox species at low concentrations. In the authors’ laboratory, glassy carbon electrodes are often used to observe electrochemical activity. One advantage of glassy carbon is that the background currents are practically zero in the potential ranges in which EABs are studied; another is that it is nonporous. Additionally, there is significant literature on electrochemistry utilizing glassy carbon electrodes, potentially opening up a vast amount of literature to EAB studies. The use of glassy carbon electrodes would provide more universal current values when studying fundamental electron transfer of EABs. For these reasons, the authors would recommend researchers to use, or at least test, their systems with glassy carbon electrodes. There are various glassy carbon types, and readers are referred to Kissinger and Heineman (1996) for a more thorough review. When glassy carbon electrodes are not compatible with an experiment, common substitutes include gold and indium tin oxide (ITO) electrodes (Richter et al. 2008). Gold offers the advantage of significant literature on self-assembled monolayers and the modification of surface functional groups (Gooding and Yang 2008; Eckermann et al. 2010; Mandler and Kraus-Ophir 2011). Thin gold films on a glass substratum have also been used in advanced spectroscopic techniques for direct electron transfer studies (Busalmen et al. 2010). ITO is used in spectroelectrochemical experiments where an optically transparent electrode is required (Jain et al. 2011; Liu et al. 2011). Users should be aware of the resistivity of ITO electrodes and their durability, since the conductive film is thin compared to glassy carbon (Liu et al. 2011). Platinum and other catalytic electrode materials could have unanticipated effects on an experiment and are best avoided. For the supporting electrode in a BES, which completes the electrochemical cell and functions as the electron source/sink for the electrons derived from the EAB, a cheaper carbon electrode with a larger surface area can be used.

**Reactors and electrode configurations used to study electrochemically active biofilms**

The positions of the biofilm electrode, supporting electrode, and reference electrode (RE) in a BES have direct effects on the measured current and should be accounted for beyond spatial geometric considerations (Kissinger and Heineman 1996; Logan et al. 2006; Manohar and Mansfeld 2009). For example, the simplest system to configure to study electron transfer in EABs could be an MFC (Figure 1A), although it is generally used to quantify power production in practical research (Logan et al. 2006; Clauwaert et al. 2008). The geometry or other experimental parameters of an MFC could be optimized to produce more power. However, an MFC cannot obtain information about the EABs on the individual electrodes since only cell potential can be measured. Without the individual electrode potentials, it is very difficult to determine the fundamental reason for an increase in power in an MFC. Thus, how EABs respond to variation in electrode potentials cannot be understood through electrochemical theory. The end result would be the inability to study electron transfer in EABs. The MFC reactor configuration can be enhanced by inserting a reference electrode to measure individual electrode potentials and characterize overpotentials and potential losses (Figure 1B) (Clauwaert et al. 2008; Rismani-Yazdi et al. 2008). The individual electrode potentials and different resistances to current flow could then be related to current from EABs. While a significant amount of information can be obtained with this reactor configuration, the biofilm electrode potential cannot be controlled. Ambiguity arises in the MFC reactor configuration when an experimental parameter is changed and both the potential and the current change.

Therefore, a potentiostat is generally required to measure the current while fixing the biofilm electrode potential (Figure 1C or Figure 1D). This system is often called a three-electrode bioreactor and is used frequently to study biofilm voltammetry (Fricke et al. 2008; Marsili et al. 2008a; Bouhenni et al. 2010; Strycharz et al. 2011). When an experimental parameter such as the initial electron donor concentration is changed, the current can then be correlated without the effect of a varying electrode potential. Reactor configurations with (Figure 1C) and without (Figure 1D) an ion-selective membrane have distinct advantages. For membrane-less reactor configurations, the membrane potential loss is eliminated (Logan et al. 2006, 2008; Rozendal et al. 2008; Li et al. 2010). The disadvantage is that the supporting electrode reaction products are free to diffuse to the working electrode. This could potentially generate uncontrolled experimental parameters. In membrane-less MECs, the diffusion of hydrogen from the supporting electrode to the working electrode can be utilized by EABs to produce a current higher than that expected with the supplied electron donor (Lee et al. 2009a; Parameswaran et al. 2011). Regardless of the use of ion-selective membranes, potentiostatic systems provide more control over electron transfer than the MFC mode of operation (Figure 1A and B).
Current-limiting electrode

The current-limiting electrode is the electrode which cannot pass a higher current than the other electrode either because of its small size or because of limiting electrode reaction kinetics. If an electrode with an EAB limits the current of the BES, this practically means that the performance of the BES is limited by the EAB. Electron transfer in EABs can only be studied under this condition. The knowledge of which electrode limits the current is critical when BESs are studied. In the case of MFCs (Figure 1A), because both current and potential are variable when the resistance to the current flow is changed, it is important to confirm that the EAB under investigation is limiting the current. The simplest way to determine which electrode in an MFC setup is the current-limiting electrode is to monitor the individual electrode potentials using a RE (Figure 1B). When the resistor load is changed, the current-limiting electrode will undergo a significant change in electrode potential whereas the non-current-limiting electrode will not (Dewan et al. 2009). The current-limiting electrode concept also applies to potentiostatic systems (Figure 1C and D). The potentiostatic mode controls the biofilm electrode potential such that perturbations of the biofilm electrode potential cause a measurable change in the EAB under investigation. Thus, the current is controlled by the EAB. If, at any time, reactions at the supporting electrode affect the EAB under investigation, the controlled electrode cannot be called the limiting electrode and steps must be taken to ensure that the effect of the supporting electrode can be
assumed to be negligible. This is especially important in BESs that place the biofilm electrode of interest and the supporting electrode in the same solution (Figure 1D). For fundamental electron transfer investigations, this concept cannot be ignored.

The preferred polarization potential for growing electrochemically active biofilms

The effect of the polarization potential (anode potential) has been studied for various BESs and EABs (Aelterman et al. 2008; Cheng et al. 2008; Lee et al. 2009b; Torres et al. 2009; Srikanth et al. 2010). There is no consensus on the exact magnitude of potential to apply; however, there is a clear understanding that applying a polarization potential more positive than the OCP of the biofilm electrode is sufficient to drive electrons from the EAB to the biofilm electrode. The concept of an optimal polarization potential is misleading, since the polarization potential can be limited by external factors such as the energy efficiency of the BES (Lee and Rittmann 2010). The preferred polarization potential when studying electron transfer from an EAB must be explored experimentally and be chosen from a range of polarization potentials from near OCP to a few hundred millivolts more positive than OCP. For example, if maximum current is desired, then a polarization potential that is in the current-limiting region for EABs (current independent from polarization potential) should be used (Lee and Rittmann 2010). The polarization potential could also be used to select for different types of EABs, with different abilities for extracellular electron transfer (Torres et al. 2009). However, for use in MFCs and other BESs, the polarization potential should be comparable to what is observed in the actual selection process.

Electrode acclimatization and growing electrochemically active biofilms

Electrode acclimatization refers to the processes that require time for EABs to populate an electrode surface and is often used for multi-species EABs (Kim et al. 2005; Finkelstein et al. 2006; Liu et al. 2008; Rodrigo et al. 2009; Wang et al. 2009). The purpose of acclimatization is to increase electrode performance by enhancing biofilm attachment and/or allowing the biofilm electrode to reach a steady-state OCP prior to use in a BES (Larrosa-Guerrero et al. 2010; Cheng et al. 2011; Kassongo and Togo 2011; Renslow et al. 2011a). The method of acclimatization affects the type of EAB grown on the biofilm electrode and can be focused on control of the current or of the biofilm electrode potential. Four acclimatization methods are common in the literature, viz. (1) Closed circuit: the biofilm electrode and the supporting electrode are short-circuited or connected across a resistor; (2) open circuit: the biofilm electrode is left disconnected; (3) controlled cell potential: a constant potential is applied between the biofilm electrode and the supporting electrode; and (4) controlled electrode potential: a constant polarization potential is placed between the biofilm electrode and the reference electrode.

Closed circuit and open circuit acclimatization are the simplest methods to configure. Closed circuit acclimatization allows the biofilm electrode to reach a steady-state cell potential, focusing on enhanced steady-state electron transfer. The choice of resistor controls the amount of current allowed to pass (Aelterman et al. 2008; Jadhav and Ghangrekar 2009; Zhang et al. 2011). Open circuit acclimatization allows the biofilm electrode potential to develop a steady-state OCP utilizing natural redox processes in the environment. Controlled cell potential and controlled electrode potential acclimatization requires powered external equipment to control cell potential and electrode potential irrespective of the natural redox processes in the environment. Controlled cell potential acclimatization controls steady-state electron transfer at a researcher-specified level. Controlled electrode potential acclimatization controls steady-state electron transfer irrespective of the supporting electrode. Both methods allow the user to expose the system to potentials not normally sustainable or possible. However, only controlled electrode potential acclimatization gives the researcher direct and consistent control of the biofilm electrode potential. To choose one method over the other, critical decisions must be made. First, does the researcher prefer to select for biofilm processes or natural redox processes that can take advantage of an applied potential or polarization potential? Does the researcher prefer to produce electrodes that reflect only the natural redox processes? When a current is passed through an electrode to or from its surroundings this will affect the state of redox processes around it. The choice of how electrodes are acclimatized affects the end result and should be reported clearly in published studies.

Growing EABs refers normally to pure cultures in the laboratory and can be achieved using two distinct acclimation methods. It should be noted that acclimatization refers to field experiments whereas acclimation refers to laboratory experiments. The first method is to grow EABs on an electrode in the presence of a soluble electron acceptor. This method is in line with open circuit acclimatization since no polarization potential is required for EAB growth. Once the EAB has reached a desired state (thickness, surface coverage, metabolic activity, OCP), the soluble electron acceptor
can be removed and the EAB can be switched to respire on the biofilm electrode where a current is measured. The second method is to grow the EAB on an electrode which acts as the sole electron acceptor. This method is in line with closed circuit, controlled cell potential, and controlled electrode potential aclimatization where current produced reflects biofilm growth. Once the EAB generates a desired state (thickness, surface coverage, metabolic activity, current), the EAB can be used for further investigations. Both methods are able to produce laboratory-scale EABs; however, the EABs resulting from these two methods have different biofilm properties and electron transfer capabilities. Most likely, this is due to the aclimatization of the EAB to each electron acceptor. Recently, Nevin et al. (2009) observed different 3D biofilm structures and electron transfer capabilities in Geobacter sulfurreducens depending on whether the EAB was grown on fumarate as a soluble electron acceptor or on an electrode as a solid state electron acceptor (see also Inoue et al. 2011). The authors have also observed structural differences between EABs grown using the two methods in their laboratory.

Electrochemical techniques for studying extracellular electron transfer of electrochemically active biofilms

When the correct reactor configuration has been chosen and the EAB has been successfully grown or aclimatized on an electrode, the next step is to study the electron transfer properties of the biofilm electrode using electrochemical techniques. There are many electrochemical techniques available; however, this review covers only those frequently used to study electron transfer processes in EAB literature. Note that there are many books on classical electrochemical techniques and describing these topics is not the purpose of this review (Oldham and Myland 1994; Kissinger and Heineman 1996; Bard and Faulkner 2001).

Long-term electrode polarization of electrochemically active biofilms

In a long-term electrode polarization experiment, a selected polarization potential is applied to an electrode with an EAB grown on it and the current is measured. In this way the total charge transferred in a batch system or the steady-state current produced by the EABs in a continuous system can be measured. A long-term electrode polarization experiment identifies sustainable current generation that can be systematically related to controlled parameters such as polarization potential. While the technique appears similar to controlled electrode potential aclimatization, in which EABs are grown on polarized electrodes, the intents of the two are distinct and should be distinguished. For example, Yi et al. (2009) allowed G. sulfurreducens DL1 to aclimatize on an electrode for 5 months and selected for a new strain, G. sulfurreducens KN400. They then compared the sustainable current productions of the two strains using long-term electrode polarization experiments. The key value of performing electrode polarization experiments is to observe the electrochemical response of an EAB to a change in a controlled experimental parameter or the effects of aclimatization methods.

When a significant current (above background and noise levels) is generated by an EAB such as that shown in Figure 2, the EAB is thought to exchange electrons with the biofilm electrode. To confirm that the current generated is related to the metabolism of the EAB or its metabolic by-products, certain long-term electrode polarization experiments can be performed. In batch experiments, the total consumption of the electron donor can be correlated to the total charge transferred. If the current trends towards zero when the electron donor concentration goes to zero, then the oxidation of the electron donor is the source of electrons and the coulombic efficiency can be calculated (Logan et al. 2006). For example, Bond and Lovley (2003) showed that current production by G. sulfurreducens biofilms is directly related to the consumption of acetate in batch mode. In continuous experiments, the electron donor feed concentration can be altered and subsequent steady-state current values measured. Replacing the bulk solution with fresh growth medium during electrode polarization experiments.

![Figure 2. Current generation by S. oneidensis MR-1 biofilm on a graphite electrode under anaerobic conditions in the reactor configuration shown in Figure 1C. The current increased steadily over a period of 9 days. The polarization potential was 0 mV Ag/AgCl.](image-url)
experiments has been done to probe soluble extracellular electron transfer mechanisms. For example, Marsili et al. (2008a) replaced the spent solution in a Shewanella oneidensis MR-1 biofilm reactor to show that soluble redox mediators were responsible for the steady-state current generated. Bond and Lovley (2003) replaced the bulk solution of G. sulfurreducens biofilms with acetate-free growth medium to show acetate dependence. Other sophisticated experiments can be done to isolate controlled parameters in EAB experiments that affect extracellular electron transfer mechanisms. EABs can be genetically engineered to enhance/inhibit current generation. For example, Richter et al. (2008) observed that no current could be produced by a ΔpilA G. sulfurreducens mutant on gold electrodes. The pH can be adjusted to correlate proton transfer with current generation. Both Torres et al. (2008) and Patil et al. (2011) adjusted bulk pH and measured the current generation of their mixed species EABs.

**Cyclic voltammetry**

When a steady-state current or a current higher than the background is identified as being the result of EABs, cyclic voltammetry (CV) can be used to identify the biofilm electrode potential at which active redox couples related to the EAB are oxidized or reduced. CV is an electrochemical technique that applies a linear polarization potential scan from an initial polarization potential to a final polarization potential and measures the current. Because redox couples can only be reduced or oxidized at certain electrode potentials, CV can determine the biofilm electrode potential range in which extracellular electron transfer can occur in EABs (Fricke et al. 2008; Marsili et al. 2010). Under well-controlled conditions, CV can be used to determine whether EABs have the capability for electron transfer, whether freely diffusing species or surface-adsorbed species contribute to electron transfer, and whether EABs engage in catalytic activity towards specific substrates (Fricke et al. 2008; Richter et al. 2009; Katuri et al. 2010; Carmona-Martinez et al. 2011; Strycharz et al. 2011). CV studies, however, do not reflect the ability of EABs to produce long-term, sustainable current, which should be reserved for long-term electrode polarization experiments. Often CV is coupled to long-term electrode polarization experiments in which CV can explain how the active redox couples are affected by systematic changes in controlled parameters such as bulk pH (Patil et al. 2011).

There is an implicit assumption, however, that EABs growing on electrode surfaces can be described as a ‘well-controlled’ condition in which CV can be applied to study reaction mechanisms as in pure electrochemical systems. Beyond the reproducibility of the biofilm electrode surface, simply characterizing biofilm structure itself has historically been difficult (Yang et al. 2000, 2001; Renslow et al. 2011b). Furthermore, the result of biofilm heterogeneity is the local variation of not only diffusion coefficients, but local flow velocities as well (Beyenal et al. 1998; Beyenal and Lewandowski 2001, 2002; Renslow et al. 2010). The unknown mass transfer conditions suggest that not all cells in the EAB contribute equally to current production. The issue of mass transfer conditions being reproducible has historically been overcome through the use of rotating electrodes (Kissinger and Heineman 1996). However, no studies to date have used these types of mass-transfer-controlled systems for EABs. While the state of mass transfer in EABs cannot be ignored, the few studies that have attempted to resolve the reaction mechanisms in EABs are highly informative (Strycharz et al. 2011). However, there is still much room for improving the CV model of EABs.

Figure 3A shows an example CV of S. oneidensis MR-1 biofilm grown on glassy carbon taken without disturbing the biofilm (in situ). Figure 4B shows a CV of a G. sulfurreducens biofilm grown on glassy carbon as well. The peaks in EAB studies are typically broad with many individual peak responses overlapping; assigning peak responses to specific redox couples is difficult without more in-depth analysis (Rabaey et al. 2004; Fricke et al. 2008; Marsili et al. 2010; Strycharz et al. 2011). Often, the EAB can be placed in fresh growth medium or buffer solution, or removed altogether, and the resulting CV can be compared to that taken before the treatment (Marsili et al. 2008a; Babauta et al. 2011). Figure 3 shows example treatments in which the EAB was physically removed from the surface. A second CV was taken without the biofilm. The resulting CV shows that the behavior of the CV results is tied intimately to the EAB, although a significant fraction of electrochemically active species can be associated with the electrode surface. Often, mutants with specific gene deletions of the EAB being studied are used to strengthen CV analysis (Carmona-Martinez et al. 2011; Strycharz et al. 2011).

Advanced techniques in CV can provide further information about the electrochemical responses of EABs under various conditions. These include the scan rate dependence of peak currents, altering the reversal potential of the CV scan, and altering the potential window of the CV scan (Bard and Faulkner 2001; Snider et al. 2011; Strycharz-Glaven et al. 2011). Figure 4 shows the scan rate dependence of the peak potential response of the result shown in Figure 3. The inset shows that the peaks highlighted by the red arrows have a linear scan rate dependence, indicating adsorbed species. Had a square root dependence been
observed, this would have indicated a diffusing species (Bard and Faulkner 2001). Thus, scan rate dependence has been used frequently in the literature to show indirectly whether a diffusion process or an adsorption process controls electron transfer inside EABs (Fricke et al. 2008; Marsili et al. 2008b, 2010; Katuri et al. 2010; Strycharz et al. 2011).

One underutilized aspect of CV in EAB research is varying the initial potential and the potential window to study anodic and cathodic peak coupling. Figure 5A shows that scanning in the cathodic direction initially can mask the cathodic peak response. Only after the scan in the anodic direction is completed is the cathodic peak response observed. By simply manipulating the initial potential of the CV, anodic peaks can be coupled to cathodic peaks. Figure 5B shows further that different voltammograms can be obtained depending on the potential window used for the CV, highlighting the fact that the choice of CV parameters is critical and not arbitrary.

**Square wave voltammetry**

Square wave voltammetry (SWV) is used less frequently than CV in EAB studies; however, it can detect low concentrations of electrochemically active species not easily detectable by CV. Additionally, SWV provides quick diagnostic information that can help identify whether an electrochemically active reaction is reversible or not. For EAB-relevant electrochemically active compounds such as riboflavin, a typical SWV will have the shape and characteristics shown in Figure 6. The red dashed trace is the difference in current between the forward and reverse currents, \( I_{\text{dif}} \). By using \( I_{\text{dif}} \), the background that increased exponentially in the forward and reverse currents is suppressed. The inset in Figure 6 focuses on the riboflavin peak response. The peak potential on \( I_{\text{dif}} \) represents the midpoint potential of riboflavin, \(-277.7\, \text{mV}_{\text{Ag/AgCl}} \) at pH 4.5. Visually, the midpoint potential on a SWV is the potential at the maximum current difference between the forward and reverse currents. The ratio of the magnitudes of the peak currents in the forward and reverse directions can be used to determine the electrochemical reversibility.
of riboflavin oxidation and reduction. This is because when the potential pulse straddles the standard reduction potential, the forward pulse produces an anodic current and the reverse pulse produces a cathodic current. The ratio of the peak forward current to the peak reverse current is 0.91, reflecting the quasi-reversible nature of the reaction (Nguyen et al. 2012b). The combination of the forward, reverse, and difference currents in SWV makes it a useful tool in analyzing electrochemically active species.

SWV analysis in EABs is not as straightforward as is shown in Figure 6. Figure 7 shows the SWV response of the S. oneidensis MR-1 biofilm described in Figure 3. The CV in Figure 7 is the same as that shown in Figure 3 and is only used for comparison. Because the CV is a complex response of multiple electrochemically active species, the SWV response is also complex. Unlike the SWV of riboflavin, with one distinct peak, the SWV of S. oneidensis MR-1 has multiple overlapping peaks that are difficult to separate. The current peak at $-450 \text{ mV}_{\text{Ag/AgCl}}$ is generally accepted as being flavin compounds excreted by S. oneidensis MR-1 (Marsili et al. 2008a). The forward and reverse currents for the SWV of S. oneidensis MR-1 are shown in Figure 8A. Above a potential of $-400 \text{ mV}_{\text{Ag/AgCl}}$, both the forward and reverse currents are anodic. The same trend, but much larger, is shown for G. sulfurreducens in Figure 8B. This is unlike the forward and reverse currents shown for riboflavin in Figure 6, which straddle the zero current line in a quasi-reversible manner. The large anodic currents commonly seen in G. sulfurreducens and S. oneidensis MR-1 biofilms at positive polarization potentials are catalytic waves (Fricke et al. 2008; Marsili et al. 2010). The capability of SWV to detect catalytic waves of EABs while resolving the midpoint potentials of electrochemically active species under turnover conditions is invaluable to EAB electron transfer analysis.

**Electrochemical impedance spectroscopy**

A more thorough review of electrochemical impedance spectroscopy (EIS) and its application in EABs has been written elsewhere and readers are referred there for detailed explanations (Manohar et al. 2008, 2010). EIS applies a sinusoidal potential waveform to measure the real impedance (resistance) and imaginary impedance (capacitance) of an electrochemical system. The choice of wave amplitude and polarization
potential is critical since the potential waveform should oscillate between relevant potentials such as the midpoint potential of the EAB catalytic wave observed by CV and the OCP of the biofilm electrode after acclimatization. The effect is similar to assessing reversibility using the forward and reverse currents measured in SWV (Figure 8). Both anodic and cathodic currents must flow to measure charge transfer across the biofilm electrode. EIS has been used as a nondestructive electrochemical technique to study the development of charge transfer resistance in EABs (Manohar et al. 2008; Marsili et al. 2008b; Srikanth et al. 2008; Borole et al. 2010). Figure 9 shows bode and phase angle plots of G. sulfurreducens grown on glassy carbon (Marsili et al. 2008b). Initially, the electrode exhibited a capacitative behavior (phase angle $\approx 90^\circ$) typical of a polarizable electrode. After growth for 72 h, the phase angle decreased to half the original maximum, highlighting the increase in a resistive element (phase angle $\approx 0^\circ$) of the electrode surface. Two charge transfer events (time constants) were visible and show the complexity of electron transfer in G. sulfurreducens biofilms.

**Limitations of electrochemical techniques**

Electrochemical investigations in complex systems such as EABs require more physical and chemical evidence to determine if an observed electrochemical response was caused by a change in an experimental parameter. Additionally, the use of molecular techniques such as generation of mutants with different gene/protein expression levels provide a physiological link to electrochemical investigations. Electrochemical techniques such as CV and SWV accurately describe the nature of the electron transfer event in the presence of EABs (reversibility, mass transfer limitations, properties of redox couples, and reaction steps); however, they do not give any evidence on how EABs participate in the electron transfer or what aspect of EABs promotes electron transfer. Thus, the presence of redox couples in EABs does not necessarily imply that they participate in electron transfer. More importantly, the presence or absence of electrochemical activity (current peaks observed in CV or SWV) does not necessarily imply that it is or is not the source of long-term, sustainable current in EABs. An example of this is the ability of certain microorganisms to utilize soluble exogenous electron shuttles in their surroundings for extracellular electron transfer. For example, Milliken and May (2007) showed that Desulfotobacterium hafniense strain DCB2 could utilize exogenous quinone-like mediators to produce sustainable current in MFCs. In the authors laboratory, it has also been found that an iron-reducing, biofilm-forming

![Figure 7](image1.png)

Figure 7. SWV of the S. oneidensis MR-1 biofilm described in Figure 4. The CV is the same as that in Figure 4 and is shown for comparison.

![Figure 8](image2.png)

Figure 8. (A) Forward and reverse currents for S. oneidensis MR-1 in situ SWV. The difference current is the same as that in Figure 7. (B) Forward and reverse currents for G. sulfurreducens in situ SWV. Note the difference in the y-axis scales.
*Paenibacillus* sp. could use exogenous flavins and anthroquinone-2,6-disulfonate to reduce ferrihydrate (Ahmed 2011). The electrochemical activity of these types of EABs would not be observable with CV in pure cultures in the laboratory, which highlights the importance of syntrophic interactions in mixed species EABs (Kiely et al. 2011). The interpretation of electrochemical investigations with CV has been a topic of intense debate in EAB research (Malvankar et al. 2011; Strycharz-Glaven et al. 2011).

**Coupled techniques**

The coupling of electrode polarization, CV, and SWV with methods that directly measure physical or chemical parameters varying inside EABs in situ addresses issues with the interpretation of electrochemical data. The goal of this coupling is to correlate the properties that vary within the EAB under various electrode-respiring conditions. Specifically, future EAB research and advanced techniques should focus on the variation that occurs within the biofilm and not just in the bulk solution. The correlation of variation in biofilms and bulk solution will advance the field significantly. This correlation can be done by: (1) directly measuring the kinetics of redox mediators inside biofilms; (2) resolving local concentrations of chemical species inside the biofilm; (3) resolving the physical location of electrochemically active species in situ; and (4) correlating limiting current with local biofilm parameters. There are several available tools and techniques that can be used, such as microelectrodes, spectroelectrochemical methods, and microscopy.

**Microelectrodes**

Microelectrodes have been used to study the stratification of various biofilm properties in biofilms and water-sediment interfaces since the early 1990s (Crennberg and Vandenheuvel 1991; Glud et al. 1992; Vanhoudt et al. 1992; Zhang and Bishop 1994). For example, microelectrodes have been used to measure concentrations of oxygen, hydrogen, hydrogen sulfide, and carbon dioxide, as well as pH, redox potential, and local flow velocities (Lee and Debeer 1995; Yang and Lewandowski 1995; Xia et al. 1998; Yu and Bishop 1998; Beyenal et al. 2004). Voltammetric microelectrodes that use techniques such as cyclic voltammetry and pulse voltammetry have also been used to detect chemicals such as metal cations and flavins (Xu et al. 1998; Nguyen et al. 2012b). Because microelectrodes are minimally invasive and have dimensions that can be as small as 1-5 μm, they are well suited to studying changes in both the EAB and the bulk solution above the EAB during electrode respiration. A distinct advantage of microelectrodes is that they can correlate local biofilm properties with the bulk biofilm properties, electron transfer rates and electron transfer mechanisms. On the other hand, the data should be critically interpreted when a highly heterogeneous EAB is investigated because the results can vary between locations (Nguyen et al. 2012a).

Microelectrodes can be used in conjunction with voltammetric techniques in two modes. The first, in which depth profiles are taken during constant polarization, is shown in Figure 10. A redox microelectrode was stepped down towards the bottom of a *S. oneidensis* biofilm. At each step, redox potential was measured, producing a redox potential depth profile inside the biofilm. In the presence of soluble redox mediators, redox potential is expected to increase towards the biofilm electrode. However, the redox potential profiles in Figure 10 show a decreasing redox potential profile, indicating that the *S. oneidensis* biofilm was not redox-controlled (Babauta et al. 2011). The second mode is shown in Figure 11. A hydrogen peroxide (H$_2$O$_2$) microelectrode (Figure 11A) was placed ~100 μm above a glassy carbon electrode in river water. The glassy carbon electrode simulated a cathode in a sediment microbial fuel cell in which oxygen reduction was the cathodic reaction. One by-product of oxygen reduction is H$_2$O$_2$, and a H$_2$O$_2$ microelectrode was used to detect H$_2$O$_2$ generation during a CV scan. In this case, the microelectrode was held at a constant distance from the biofilm electrode and the H$_2$O$_2$ concentration was monitored as a function of potential and current. Figure 11B shows that H$_2$O$_2$ was produced at potentials below −200 mV$_{Ag/AgCl}$. The inset in Figure 11B shows how the...
H$_2$O$_2$ concentration correlated with the measured current. The forward and reverse currents are well separated, demonstrating the effect of diffusion processes. It should be noted that no H$_2$O$_2$ could be detected accumulating in the bulk solution. It is obvious that microelectrode techniques are well suited to studying the chemistry near the biofilm electrode surface, which cannot be determined using other techniques.

**Spectroelectrochemistry**

Spectroelectrochemistry combines electrochemistry with spectroscopy; it correlates the change in the spectral signature, usually in the UV/vis/IR range, of electrochemically active compounds above an electrode set at a chosen polarization potential (Bard and Faulkner 2001). Spectroelectrochemical techniques have been used to identify the redox state of metalloproteins such as heme-containing cytochromes in purified protein preparations (Bowden et al. 1982). The large literature covering redox titrations of cytochromes using absorbance measurements has made it possible to monitor the redox state of these proteins in EABs. For example, Nakamura et al. (2009) used evanescent wave UV/vis spectroscopy to compare the in vivo oxidation/reduction of c-type cytochromes (attached to whole cells) of *Shewanella loihica* PV-4 with the oxidation/reduction of purified c-type cytochromes. Busalmen et al. (2010) applied attenuated total reflection surface-enhanced infrared absorption spectroscopy (ATR-SEIS) to measure the redox state of c-type cytochromes on *G. sulfurreducens* cells attached to gold electrodes and were able to determine that c-type cytochromes were directly oxidized/reduced by the biofilm electrode. These spectroelectrochemical experiments provided detailed knowledge of the bacterial outer membrane/electrode interaction. A mini-review covering these techniques has been written for biological systems (Ataka et al. 2010).

Only recently, however, has spectroelectrochemistry been used for in situ measurements of the redox state of cytochromes in thick, pre-grown EABs in which extracellular electron transfer through the biofilm matrix was studied. Liu et al. (2011) showed that the c-type cytochromes inside thick *G. sulfurreducens* biofilms probed under non-turnover conditions...
were completely reduced at polarization potentials below $-350 \text{ mV}_{\text{SHE}}$ and completely oxidized at potentials above $+100 \text{ mV}_{\text{SHE}}$, demonstrating long-range extracellular electron transfer through the cytochrome network. At the same time, Jain et al. (2011) showed that the c-type cytochromes inside thick *G. sulfurreducens* biofilms probed under turnover conditions were only partially reduced (Figure 12A and B). Figure 12C and D support Liu et al.’s (2011) conclusion that in non-turnover conditions, cytochromes are nearly all in the oxidized state. These experiments tied the metabolic activity of *G. sulfurreducens* biofilms and cytochrome redox state to the biofilm electrode potential. The successful implementation of coupled techniques like spectro-electrochemistry will provide a more fundamental understanding of how electron transfer occurs in EABs in situ.

**Microscopy**

The *in situ* imaging of biofilms using fluorescent microscopes is a standard technique in biofilm research (Lewandowski and Beyenal 2007). The commercial availability of optically transparent electrodes has allowed the use of *in situ* confocal scanning laser microscopy (CLSM) for EABs. The development of current with the biofilm has been observed for thick biofilms as well as for monolayers of cells (McLean et al. 2010). This coupling provides the ability to monitor biofilm parameters such as surface coverage, biovolume, and biofilm roughness with current. For example, Nevin et al. (2009) used CLSM to monitor the difference in biofilm structure between *G. sulfurreducens* biofilms grown on fumarate or an electrode. McLean et al. (2008) used CLSM to locate individual strains of *S. oneidensis* MR-1 in a mixed culture.

![Absorbance spectra of *G. sulfurreducens* biofilms exposed to different electrode potentials under turnover (a, b) and non-turnover (c,d) conditions. Reprinted from Jain et al. (2011), with permission from Elsevier.](image-url)
biofilm. Additionally, microscopic techniques allow the determination of single-cell electron transfer rates (McLean et al. 2010). It should be noted that single cell electron transfer rates are critical when electron transfer mechanisms are studied using various mutants. Mutants often exhibit a different growth rate than their wild type counterparts. Typically, mutants grow slower than wildtype. Therefore, when current generation is compared between a mutant and wild type, current should be quantified on a per cell basis. This would minimize the effect of growth rates on experimental observations. When chemical indicator probes are added to the influent growth medium, CLSM can correlate the chemical properties of EAB as well. Franks et al. (2009) successfully used CLSM in conjunction with a pH indicator probe, C-SNARF-4, to measure pH changes inside a G. sulfurreducens biofilm in a flow cell MFC. They were able to measure pH profiles that developed within the biofilm during electrode respiration, providing evidence that pH changes appreciably inside EABs. The use of microscopy would critically allow investigators to correlate biofilm structure with its function related to electron transfer.

**Future techniques coupled to study electrochemically active biofilms**

Any number of combinations of electrochemical techniques with analytical experiments can be designed, and these composite techniques will likely guide future EAB research because of the complexity of electron transfer inside EABs. Two potential examples include quartz crystal microbalance (QCM) and nuclear magnetic resonance (NMR). In QCM a quartz crystal is oscillated at selected frequencies and mass changes on a surface attached to the quartz crystal are measured (Bard and Faulkner 2001). The technique can easily detect the deposition of monolayers of material and can reach an atomic resolution of mass changes. When QCM is associated with an electrode and the biofilm electrode potential is controlled with a potentiostat, it becomes electrochemical quartz crystal microbalance (e-QCM), which has the capability of correlating mass change with current and could determine whether any adsorption reaction steps precede or follow electron transfer steps (Varela et al. 2000; Xie et al. 2010). However, e-QCM is typically used with solid surfaces; its use for thick biofilms could be limited because of their viscoelastic nature. It may find its use in probing thin biofilms. For example, Xie et al. (2010) used e-QCM to monitor the effect of electrode potential on Escherichia coli biofilm development. NMR uses high-strength magnetic fields and electromagnetic pulses to detect spin-active nuclei inside molecules. Some of the NMR biofilm reactors that are currently used for monitoring metabolites and diffusion coefficients could be modified to incorporate a three-electrode system (Majors et al. 2005, 2008; McLean et al. 2008; Renslow et al. 2010). Because of the electromagnetic shielding effects of conductive materials, the three electrodes would need to be oriented appropriately in order not to block the radio frequency pulse. Simultaneously performing electrochemical experiments and monitoring in situ metabolic reactions could play an important role in understanding the fundamental processes occurring in EABs and would allow for both mass and electron balances on the system.

**Modeling electrochemically active biofilms**

Along with the coupled techniques that could make critical contributions to the understanding of EAB extracellular electron transfer, mathematical modeling is expected to provide a theoretical basis for studying extracellular electron transfer. Originally, EAB modeling work had its roots in models developed specifically to describe the operation of MFCs and BESs: the goal was to link microbial processes to the power output of MFCs and optimize these processes based upon model predictions (Zhang and Halme 1995). Newer models now focus on the complex extracellular electron transfer mechanisms in EABs. The main goals of the models are to predict current and relate it to electron and proton transfer.

**Predicting current generation from electrochemically active biofilms**

Predicting the current generation from growing EABs through both mediated and conductive electron transfer mechanisms was a way to confirm the experimental results seen in the literature. Two models were developed that accounted for the growth kinetics of biofilms and mass transport inside biofilms during current generation (Marcus et al. 2007; Piccioreau et al. 2007). Each model was able to fit experimental data from Geobacter sulfurreducens biofilms successfully; together they highlighted the fact that both mediated electron transfer, modeled using Butler-Volmer kinetics (Equation 1), and conductive electron transfer, modeled using the Nernst-Monod equation (Equation 2), were possible. Furthermore, the conclusions on the limitations of current generation due to mass transport that were seen in the literature provided a theoretical, systematic basis for optimizing electrodes to be used in BESs (Rismani-Yazdi et al. 2008). However, further enhancement of the models to include pH effects and more sophisticated metabolic reactions would be necessary later.
The common form of the Butler-Volmer equation is given by Equation 1:

\[
I = nFk^0 \left( X_{\text{red}}e^{(1-z)j(E-E_{kA}^0)} - X_{\text{ox}}e^{-zj(E-E_{kA}^0)} \right)
\]

where \( n \) is the number of electrons transferred; \( I \) is the current density (A m\(^{-2}\)); \( k^0 \) is the standard heterogeneous rate constant (m s\(^{-1}\)); \( X_{\text{red}} \) is the concentration of the reduced form of the redox couple at the biofilm electrode surface (mM); \( z \) is the charge transfer coefficient (unitless); \( f \) is the grouped term of the Faraday constant, \( F \) (s A mol\(^{-1}\)), divided by the temperature, \( T \) (K), and the universal gas constant, \( R \) (J/K mol), thus \( nF/RT \) (1/V); \( E \) is the electrode potential (V); and \( E_{kA}^0 \) is the standard reduction potential of the redox couple (V). The Butler-Volmer equation is useful for modeling mediated electron transfer mechanisms because it couples the concentration of the electron mediator in both the oxidized and the reduced form at the biofilm electrode surface and the biofilm electrode potential to the production of current. This equation is often coupled to the diffusion of electron mediators through biofilm to provide a method of calculating both current and depth profiles of mediator concentrations. Some of the parameters in this equation are critical for BESs. For example, the standard heterogeneous rate constant has been shown to control the dependence of current in sediment MFCs on temperature (Renslow et al. 2011a). This parameter is a function of both the biofilm electrode material properties and the redox couples present in the system. The charge transfer coefficient is also reliant on the redox couple properties. It is often assumed to be 0.5, which signifies a symmetric energy barrier for the forward and reverse redox reactions; however, some redox couples associated with EABs have transfer coefficients that deviate from this value (Verhagen and Hagen 1992). Finally, the standard reduction potential is critically important for EAB modeling because it can dictate the amount of energy that is available for a microorganism and also which terminal electron acceptors are available for that microorganism to utilize.

The Nernst-Monod equation is used to model conductive electron transfer:

\[
\frac{I}{I_{\text{max}}} = \left( \frac{1}{1 + e^{-j(E-E_{kA})}} \right) \left( \frac{S}{K_S + S} \right)
\]

where \( I_{\text{max}} \) is the limiting current density (A m\(^{-2}\)); \( E_{kA} \) is the potential at which the current is half the limiting current (V); \( S \) is the concentration of the electron-donating substrate (mM); and \( K_S \) is the Monod half saturation constant for that substrate (mM). The Nernst-Monod equation is a special form of a multiplicative Monod equation, where the electron acceptor is assumed to be a solid electron acceptor, accessible via instantaneous conduction, as opposed to a soluble electron-accepting molecule. In this equation, \( E_{kA} \) is the critical parameter because it defines where the inflection point on an ideal slow-scan CV will occur.

### Predicting the role of proton transfer in current generation by electrochemically active biofilms

Understanding of the role of proton transfer in EABs respiring on electrodes has advanced significantly over the past few years because of published models. For example, Torres et al. (2008) and Franks et al. (2009) observed that current generation by EABs was affected by the total buffer strength and the pH of the bulk solution. Picioreanu et al. (2010) and Marcus et al. (2011) demonstrated the same buffer and pH trend in EABs using updated models to reflect proton transfer. However, the models demonstrated that the critical factor for proton transfer limitations in EABs was the mass transfer coefficient, which was arbitrarily set to provide two extreme cases. In other words, without sufficient experimental evidence on the mechanisms involved, the models could not exactly describe the experimental data. This was not a limitation of the models. As more experimental evidence is continually published on the nature of proton transfer in EABs, the models will provide an ability to visualize the possible outcomes of proton transfer in EABs (Patil et al. 2011). It is expected that the models will be continually updated to answer key questions raised about EABs. One of those key questions could be how proton transfer correlates with electron transfer mechanisms.

### Predicting the mechanism of extracellular electron transfer in electrochemically active biofilms

In addition to the complete mathematical modeling of the entire anode, attention has been focused on fitting the experimental current-voltage dependence in EABs. Hamelers et al. (2011) developed the Butler-Volmer-Monod model (Equation 3) to simulate bio-anode polarization curves and cellular kinetics as a function of potential and substrate concentration. The Butler-Volmer-Monod model is given by:

\[
\frac{I}{I_{\text{max}}} = \left( \frac{1 - e^{-j(E-E_{kA})}}{K_1e^{-j(E-E_{kA})(F)}} + K_2e^{-j(E-E_{kA})(F)} + \frac{E_{kA}}{S} + 1 \right)
\]
where $K_1$ and $K_2$ are lumped parameters (unitless); $E_{SP}$ is the thermodynamic electrode potential; and $K_M$ is the substrate affinity constant (mM). It is important to note that the substrate affinity constant is not identical to the Monod half saturation constant in the Nernst-Monod equation. The model demonstrated that the apparent Monod constant was a function of anode potential and that, therefore, it is only at sufficiently high overpotentials (large $E - E_{SP}$ values) that $K_m$ is equivalent to $K_S$. Both $K_1$ and $K_2$ are complex terms that appear to only be functions of electrode potential and the microorganism used. $K_1$ can be understood as the ratio of the rate of biochemical substrate utilization to the rate of electrochemical exchange current density, whereas $K_2$ can be understood as the ratio of the rate of product formation to the rate of substrate formation inside the microorganism.

Strycharz et al. (2011) developed a qualitative model to explain cyclic voltammetry curves obtained from $G. sulfurreducens$ DL1 and variant strain KN400. This model showed that regardless of the exact electron transfer mechanism, mediated or conductive, electron transfer from cells to the biofilm electrode appears to be the primary bottleneck to current generation. As a refinement of conduction-based extracellular electron transfer models, superexchange has been modeled by Strycharz-Glaven et al. (2011) and theoretically studied by Polizzi et al. (2012). This is in direct contrast to the metal-like conduction evidence put out by Malvankar et al. (2011) for the same biofilm model, and some uncertainty exists between these models. Regardless of the outcome, the models put forth on extracellular electron transfer have brought to light some interesting limitations on how experimental evidence can be interpreted.

EAB models will need to create comprehensive pictures of extracellular electron transfer, cellular kinetics, community interactions, gene expression, and hydrodynamics to provide critical information. In particular, models that incorporate metabolic pathways and calculate metabolic fluxes will expand understanding of the link between extracellular electron transfer and EAB physiology (Mahadevan et al. 2011; Zomorrod and Maranas 2012). Models that attempt to address a specific question in current understanding of EABs are necessary to bring insightful discussion to this field. Furthermore, experimental results should continue to be explained within the context of current mathematical models. It is expected that with the growing number of new advanced techniques being utilized, models will continue to be put forward. However, the current limitation is that most of them lack the proper experimental data to be tested. Moreover, some of them use unrealistic parameters that are impossible to observe physically. Future models should be restricted to physically meaningful domains and be tested against experimental data.

**Facts and fiction**

The direction in which this field of research will head is difficult to predict, as new applications of BESs are continually being published (Call et al. 2009; Cheng et al. 2009; Mehanna et al. 2010; Villano et al. 2011; Cusick et al. 2012). Interestingly, a majority of the researchers are still interested in demonstrating that it is possible to produce energy using different substrates and different microorganisms, without realizing that this was demonstrated nearly one hundred years ago! Although many publications still focus on MFC research, the current status of knowledge critically demonstrates that BESs are far from solving the energy demands of the future. However, BESs can be used as tools for discovering novel capabilities of bacteria in various environments and may eventually lead to promising applications. The authors believe there are four main issues that need to be addressed in this process, as follows.

**Scaling up of the current density generated by electrochemically active biofilms**

One of the limitations of MFCs, and of BESs generally, is that the current density does not scale up linearly with the active surface area of the biofilm electrode to meet the demand of high-capacity processes. The scaling up of MFCs has been partially addressed by methods such as reducing anodic and cathodic overpotentials, increasing solution conductivity, decreasing mass transfer resistances, decreasing electrode spacing, using novel air cathodes, and stacking (Ieropoulos et al. 2008; Dekker et al. 2009; Jiang et al. 2010; Logan 2010; Zhuang et al. 2010). While these improvements in MFC design and scalability have increased the maximum power density, they have not addressed the fundamental scalability of the current generation of anodes or cathodes inside these systems (Dewan et al. 2008). For example, Cheng and Logan (2011) showed that the scaling up of the maximum power generation in wastewater MFCs was more closely related to the cathode surface area (62% increase in power by doubling the cathode surface area) than to the anode surface area (12% increase in power by doubling the anode area). The disparity in the percentage increases in power highlights the incomplete fundamental knowledge of scaling up MFCs. There is room for improvement, which may involve using models specifically designed to optimize MFCs (Marcus et al. 2007; Picioreanu et al. 2007). Why MFC power production can only be improved at
values <100% (increase in power per doubling of electrode area) is a question the authors believe to be at the heart of the scaling up of MFCs and BESs. In particular, the scalability of anodes in MFCs and BESs should be directly related to the extracellular electron transfer mechanisms that EABs utilize. Future scaling up studies need to focus on this aspect. The same outlook also applies to biocathodes. There is a critical need to address the individual contribution of each electrode to overall energy conversion. Otherwise, the energy conversion of these devices will continue to be suboptimal.

Translation of electrochemically active biofilm extracellular electron transfer research to bioelectrochemical systems

Figure 13 shows how potential losses restrict the amount of power available to an MFC. These losses are a large factor controlling the overall potential of an MFC when a current is drawn from it. Generally the OCP of an anode is around $-500 \text{ mV}_{\text{SCE}}$ and the OCP of a cathode is $+400 \text{ mV}_{\text{SCE}}$ (Dewan et al. 2010; Renslow et al. 2011a). Therefore, the typical maximum potential which would be expected is around 900 mV, although it may be possible to reach higher values. As soon as a load is applied to an MFC, and current starts to flow, potential losses at both the anode and the cathode affect the biofilm electrode potentials. The anode potential increases while the cathode potential decreases, reducing the cell potential. Depending on the relative sizes of the biofilm electrodes, anode potentials fall between $-100 \text{ mV}_{\text{SCE}}$ and $+100 \text{ mV}_{\text{SCE}}$ while cathode potentials typically stabilize between $+200 \text{ mV}_{\text{SCE}}$ and $0 \text{ mV}_{\text{SCE}}$ (Dewan et al. 2010). Frequently the practical values of anodes in MFCs do not align with the polarization potentials used to cultivate EABs in the laboratory, yet many published research articles describe the usefulness of the data for advancing MFCs. For example, *G. sulfurreducens* biofilms are typically grown at 0 mV$_{Ag/AgCl}$ or higher and have electrode potentials that cannot be observed in practical MFC applications. These EAB studies have significant relevance to studying electron transfer mechanisms, and this point is not debated. They provide a fundamental level of knowledge about EAB electrophysiology. What is missing, however, is the translation of that fundamental knowledge into practical use. Many EAB studies do not address the compatibility of their systems with what is observed in real devices, such as when an attempt is made to power an electronic device. Is what is done in the lab positively affecting what can be done in the field? A critical factor could be that EAB studies focusing on MFC/BES applications should test their electrodes in real MFCs/BESs.

Elucidating extracellular electron transfer mechanisms in electrochemically active biofilms

To date, the questions of whether electrons are transferred through conductive nanowires, bound redox mediators, or diffusing redox mediators and of how electrons enter these pathways have yet to be unequivocally answered. Also of importance is the role of extracellular polymeric substances (EPS) in electron transfer. For example, Cao et al. (2011) found redox-active proteins in the EPS of *Shewanella* sp. HRCR-1, which were distinct from the redox-active proteins commonly found on the cell surface. EPS is known to facilitate oxidation/reduction reactions to minerals (Sand and Gehrke 2006; Gralnick and Newman 2007). How does EPS interact with the cells in EABs? There is a significant amount of knowledge missing on these electron transfer mechanisms that have been proposed to account directly for the path of...
electrons from inside cells to the biofilm electrode. While many publications in the literature propose different ideas and concepts, what is needed now is direct demonstration of key findings on the electron transfer processes. For example, having conductive nanowires in a biofilm does not necessarily mean that they are involved in electron transfer processes. The functions of key components of EABs in electron transfer could critically improve understanding of these systems and allow improvements in the devices in which EABs are used. In addition, new methods of measuring the same parameters reported in the past could add validity and create a functional base from which we can develop theory.

**Correlating bulk measurement with measurements inside biofilms**

EAB processes are an interfacial phenomenon: EABs interact with the electrode inside the biofilm diffusive and reactive layers at the electrode surface. These microscale layers are directly related to extracellular electron transfer, whereas diffusion processes above these layers are linked indirectly. Thus, it is expected that the surface concentrations of the redox-active compounds and local solution properties inside EABs are more relevant and critical than the corresponding values in the bulk. Correlating and fitting lines to bulk data may have little significance to the fundamental processes occurring inside EABs. Direct measurements inside EABs are preferred, such as measuring pH inside EABs or measuring the spectroelectrochemical properties of EABs (Franks et al. 2009; Babauta et al. 2011; Liu et al. 2011). This is especially important since the cell density inside some EABs is not uniformly distributed and predictions based on simple diffusion may not apply (Renslow et al. 2010).

**How far has science really come in microbial fuel cell research related to electrochemically active biofilms?**

Rismani-Yazdi et al. (2008) published a table on the MFC-related review papers from 2001 to 2007 that listed fifteen reviews. After running generic keyword searches using ‘review’ and another limiter, ‘microbial fuel cell,’ ‘extracellular electron transfer,’ ‘bioelectrochemical system,’ ‘microbial electrolysis cell,’ or ‘biofuel cell,’ the authors found that the number of reviews on MFCs, BESs, and enzymatic fuel cells increased significantly from 2008 to 2011. (See Table S1 in Supplementary material.) [Supplementary material is available via a multimedia link on the online article webpage.] Most of these reviews inferred that BES devices have promising applications for wastewater treatment, biosensors, creating value-added products, or producing sustainable energy, yet only one of the reviews puts forward relevant figures showing progress in producing useful power in MFCs (Rinaldi et al. 2008). It was noted previously that Logan and Regan (2006) put forward a similar figure. However, the present authors feel that the figure showing the exponential increase of power density in reported MFCs over the years from 1997 to 2009 needs to be reevaluated. There is a very clear trend across multiple experiments and MFC configurations that power densities reported as mW m⁻² are related to electrode size (Dewan et al. 2008). The authors believe that even when MFCs and BESs are optimized experimentally via design considerations, a fundamental understanding of how to optimize EAB extracellular electron transfer to linearly scale with electrode size will still be lacking. MFC stacking will not address this limitation: instead it shows how inefficient MFCs still are as energy-converting devices. Although the authors are critical of what has been done to date with MFCs, they believe that MFCs and BESs have the potential to be used in high-throughput processes in the future. However, this will not occur until fundamental understanding of the mechanisms of extracellular electron transfer in mixed species EABs has progressed substantially (Kiely et al. 2011). Rather than focusing on new ways to apply MFCs and BESs, the focus should be on how to use these devices to elucidate mechanisms of extracellular electron transfer. It is to be hoped that the electrochemical techniques outlined here will be of some use in heading towards this goal.

**Future directions in electrochemically active biofilm research**

EAB research is new and there have been exciting discoveries related to electron transfer mechanisms. Many new techniques have been developed which can be used to understand electron transfer processes in EABs. This review has focused on these techniques and demonstrated the data generated in the authors’ laboratories. While knowledge of EAB electron transfer mechanisms is much more advanced than it was 5 years ago, the knowledge has yet to infiltrate the BES literature as a whole. The authors hope that the BES literature will benefit from their approach to describing how EAB extracellular electron transfer is studied. In the future they will be looking for BES studies that optimize both the design of the BES and the electron transfer expected from the EABs. The authors would also like to see BES studies address some of the questions concerning EAB extracellular electron transfer, that is, practical BES studies testing hypotheses developed in nonpractical EAB extracellular electron transfer studies.
Acknowledgements

This research was supported by the US Office of Naval Research (ONR), grant #N00014-09-1 0090, and National Science Foundation (NSF), grant #0954186. The authors gratefully acknowledge the financial support provided by the National Institutes of Health (NIH) Protein Biotechnology Training program, grant #T32-GM008336, for helping to fund Ryan Renslow and Jerome Babauta.

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