



The Limulus lysate assay as a rapid and sensitive test of bacterial water quality  
by Thomas Morgan Evans

A thesis submitted in partial fulfillment of the requirements for the degree of MASTER OF SCIENCE  
in Microbiology  
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**Abstract:**

The Limulus lysate assay was used to measure the endotoxin content in stream water and was found to reflect the degree of bacterial contamination as measured by coliform, enteric, gram-negative and hetero-trophic bacteria. The firm clot method was found to be a less sensitive and reproducible technique for the detection of endotoxin than the spectrophotometric modification of the Limulus lysate assay. Bound endotoxin, as determined by the spectrophotometric modification of the Limulus lysate assay, was found to be a better measure of the endotoxin associated with bacterial cells than total endotoxin.

On the basis of high positive correlations between bound endotoxin and coliform, enteric, gram-negative and heterotrophic bacteria, the measurement of bound endotoxin by the Limulus lysate assay was proposed as a rapid and sensitive test of bacterial water quality.

Because of the assumptions that are inherent in using the LLA as a measure of bacterial water quality, more research is needed before the LLA can be generally applied.

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OF BACTERIAL WATER QUALITY

by

THOMAS MORGAN EVANS

A thesis submitted in partial fulfillment  
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Microbiology

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## ABSTRACT

The Limulus lysate assay was used to measure the endotoxin content in stream water and was found to reflect the degree of bacterial contamination as measured by coliform, enteric, gram-negative and heterotrophic bacteria. The firm clot method was found to be a less sensitive and reproducible technique for the detection of endotoxin than the spectrophotometric modification of the Limulus lysate assay. Bound endotoxin, as determined by the spectrophotometric modification of the Limulus lysate assay, was found to be a better measure of the endotoxin associated with bacterial cells than total endotoxin.

On the basis of high positive correlations between bound endotoxin and coliform, enteric, gram-negative and heterotrophic bacteria, the measurement of bound endotoxin by the Limulus lysate assay was proposed as a rapid and sensitive test of bacterial water quality. Because of the assumptions that are inherent in using the LLA as a measure of bacterial water quality, more research is needed before the LLA can be generally applied.

## Chapter 1

### INTRODUCTION

With increasing demands on water resources, bacteriological tests are becoming more important as a means of assessing the effects of multiple use on water quality. At present, bacteriological tests are the only acceptable means of assessing the sanitary quality of water supplies.

Bacteriological measurements of water quality rely predominantly on the detection and enumeration of indicator organisms. These indicator systems are based upon the detection of fecal contamination from warm-blooded animals since this is the natural link to the occurrence of pathogenic microorganisms in polluted water. The direct enumeration of pathogens is not practical because of: (1) their low numbers and (2) the expense of time and money necessary to isolate and enumerate them. Fecal coliforms, fecal streptococci and total coliforms are the usual bacterial indicators used to relate fecal contamination to the presence of pathogenic bacteria. However, bacterial indicators have, in some cases, been present in low enough numbers to reflect little fecal contamination when Salmonella typhi was present in high enough numbers to cause typhoid fever (34).

One limitation of the standard tests of water quality is the 24 to 48 hours necessary to perform the test and to obtain the results.

A rapid and simple test of bacterial water quality would have definite advantages. A test requiring only two hours to perform and which reflects the number of indicator organisms present as well as other predominant aquatic bacteria would have many applications. Such a technique would be especially useful where floods, hurricanes, earthquakes and tornadoes make time a critical factor in assessing the water quality.

Several investigators (83, 37) have suggested that the Limulus lysate assay for endotoxin may be a useful technique for rapidly determining the bacterial quality of water. This technique requires only one hour to perform and detects the lipopolysaccharide or endotoxin portion of gram-negative bacterial cell walls. The Limulus lysate assay was developed by Levin and Bang (65) while investigating the toxic effects of a marine bacterium on Limulus polyphemus, the horseshoe crab. They found that the endotoxin from this marine bacterium caused a massive coagulation of the amoebocytes in the crabs' blood (7). Further investigation showed that the protein within the amoebocytes gels in the presence of minute amounts of endotoxin (1 nanogram/ml) (59), and that the rate of gelation is proportional to the amount of endotoxin present (65). Several methods have been used to extract the protein from the amoebocytes for use in the Limulus lysate assay, the most common ones being those of Levin and Bang (65) and Jorgenson and Smith (53).

The Limulus lysate assay is performed by reacting 0.1 ml of lysate with 0.1 ml of sample, incubating at 37 C for one hour and checking the solution for the presence of a firm clot or an increase in turbidity.

#### Statement of Purpose

Jorgenson, et. al. (51) have found that the Limulus lysate assay can be used to determine the number of gram-negative bacteria in fluids. The amount of endotoxin in river water has also been determined by the Limulus lysate assay (22). In light of these findings, the purposes of this study are:

- (1) To assess the applicability of the Limulus lysate assay as a rapid test of bacterial water quality.
- (2) To develop the Limulus lysate assay into a sensitive, reproducible and quantitative technique for measuring the quantity of endotoxin in water.
- (3) To correlate the amount of endotoxin in water with standard measures of bacterial water quality.

## Chapter 2

### LITERATURE REVIEW

Bacteria as a group of microorganisms are tremendously diverse in terms of their tolerance to pH, temperature and oxygen concentrations. They can grow and survive in waters having very dilute nutrient concentrations and are able to utilize substrates which other organisms are unable to metabolize. Heterotrophic bacteria consume organic materials (many of which may be pollutants) and produce mineralized end-products. In addition, some bacteria are pathogenic and cause water-borne diseases of man. Because of these characteristics, bacteria play an important role in determining water quality.

#### Indicators of Water Quality

Bacteriological measurements of water quality rely predominantly on the differentiation and enumeration of indicator organisms. These indicator systems are based upon the detection of fecal contamination from warm-blooded animals, since this is the natural link to the occurrence of pathogenic microorganisms in polluted waters. Fecal coliforms, fecal streptococci and total coliforms have been used to relate fecal contamination to the presence of pathogenic bacteria in the aquatic environment (34,36,38,58, 61). These indicators do not relate directly to the other parameters of water quality such as

general bacterial densities, the occurrence of pathogens or aesthetics. Cohen (14) and Gallagher (34) have stated that any one of these organisms should not be used alone as indicators of water quality. Allen (2) proposed that Pseudomonas aeruginosa, Clostridium perfringens and Bacteroides may be suitable as other indicators of water quality. Nitrate-reducing, sulfate-reducing and fluorescent bacteria have been used as alternative indicators of water quality (84). The total viable count or standard plate count has also been used by many investigators to help assess the water quality of aquatic environments (49, 50, 85, 95).

#### Rapid Tests of Water Quality

Many attempts have been made to develop rapid tests of water quality. Guthrie, et. al. (39) were able to enumerate fecal strains of Escherichia coli, in 12 hours, by the combination of the membrane filter and fluorescent antibody techniques. Even though their technique compared favorably with standard methods of determining fecal coliforms, they did not apply this technique to natural aquatic environments. Abshine, et. al. (1) improved this technique so the time required to complete the assay was reduced from 12 to 3 hours. In actual field situations, this technique corresponded closely with standard methods for determining fecal coliforms. The fluorescent antibody technique has also been used to detect Lancefields' group D

streptococci (79). Strange (94) used  $^{125}\text{I}$  - labelled homologous antibody to detect small numbers of bacteria in aqueous suspensions. Results could be obtained in 8 - 10 minutes and could detect as few as 500 bacteria. All of the above methods rely on the membrane filtration technique to either collect the antibody complex or to concentrate the bacteria.

Khanna (56, 57) developed a 4 hour technique using  $^{32}\text{P}$  incorporated in a substrate to enumerate coliform organisms. This was accomplished without the use of the membrane filter technique by co-precipitation of the radioactive phosphorus. Strange (94) has found that the use of the membrane filter in these techniques may decrease the accuracy and sensitivity of the assay by introducing background interferences due to entrapment of interfering particles on the membrane filter. A radiometric method, based on the release of  $^{14}\text{CO}_2$  from  $^{14}\text{C}$  lactose, was used by Bachrach (6) to detect between 1 - 10 bacteria in cultures incubated for 6 hours. Using a similar technique, Levin (63) found that  $^{14}\text{C}$  formate worked equally well to enumerate coliforms when an incubation time of 3 and 1/2 hours was used.

A rapid and sensitive method for detecting fecal and total coliforms was developed by Kenard and Valentine (55). This technique involves the detection of bacteriophage specific for coliform and fecal coliform organisms. By the addition of large numbers of

the organism in question to the water sample, the presence of a virulent bacteriophage could be detected in 6 - 8 hours. The authors found a high degree of correlation (0.95) between the number of phage and the number of fecal coliforms. This relationship held true over a wide range of fecal coliform concentrations.

In contrast to the indirect methods of using fluorescent antibody, radioactive labelled antibody, radiometric and bacteriophage techniques, several tests have been developed for the rapid and direct enumeration of indicator bacteria. Andrews and Presnell (5) used a newly formulated medium (A-1) in a 24 hour elevated temperature test to recover Escherichia coli from estuarine waters. The authors reported that this test compared favorably to the standard 72 hour MPN test in terms of recovery and the number of false positives. The usefulness of the method was further demonstrated by Andrews, et. al. (4). Francis (31) has formulated another medium for use in 7 hour elevated temperature enumeration of fecal coliforms in fresh chicken. This new technique may be applicable to water quality studies.

A new technique for the rapid, nonselective enumeration of microorganisms in water has been developed by Levin, Usdin and Slonim (62,63). This method employs the bioluminescent reaction of the firefly and is based upon two biochemical findings: adenosine triphosphate (ATP) is specifically required in the firefly bioluminescence reaction and ATP is ubiquitous to all living cells. The test involves measuring

the ATP content in a water sample using the firefly bioluminescent reaction and relating the quantity of ATP measured to the number of microorganisms responsible for this quantity of ATP. The authors report that this technique can detect as few as 100 to 300 bacterial cells in less than 1 minute. Since ATP is ubiquitous to all living cells, this technique measures all biomass whether of bacterial origin or not.

#### Limulus Lysate Assay

Some reference has been made to using the Limulus lysate assay for endotoxin (LLA) as a possible rapid test of water quality (37,83). This assay has been shown to be specific for the detection of gram-negative bacterial endotoxins (16,28,51,53,73,80,81,82,105), which are lipopolysaccharide moieties contained in the outer cell layer of gram-negative bacteria. Most, if not all, gram-negative bacteria possess endotoxins (19,74). Endotoxins, otherwise known as lipopolysaccharides (LPS), or pyrogens, are of medical interest because of the role they play in endotoxemia and gram-negative bacteremia. Endotoxins are pyrogenic in nature due to their ability to cause a febrile response when injected into experimental animals. The endotoxin molecule possesses three subunits (70): (1) the lipid A moiety, (2) the core region composed of ketodeoxyoctonate, 2 heptoses and 3 hexoses, and (3) side chains of repeating polysaccharides (oligopolysaccharide).

The lipid A moiety serves to link the core region and polysaccharide side chains to the cell membrane and is the site of biological activity. The core region links the polysaccharide side chains to the lipid A moiety. The repeating polysaccharide side chains are responsible for the antigenic specificity of the LPS molecule and the O antigen in the enteric bacteria. Endotoxins are usually thought to be firmly bound to the cell wall and released only upon cell lysis (74). Several investigators (20,71,103) have found free endotoxin in the culture fluid of a thymine auxotroph of Escherichia coli. This endotoxin may be due to overproduction of endotoxin and not a result of cellular lysis. The free or extracellular endotoxin is immunologically identical to the endotoxin that is bound to the cell surface (20).

Jorgenson and Smith (54) have used the Limulus lysate assay to measure free endotoxin in culture fluids. Their results indicated that free endotoxin results from increased solubilization or shedding of pre-existing cell wall material and is probably not a consequence of metabolic over production of this material, nor of cellular lysis. This conclusion was based on experiments conducted on resting or stationary phase cultures of E. coli. Appreciable amounts of free endotoxin were found in the culture filtrate when cell lysis or growth could not be detected. Even though free endotoxin may constitute 50% of the total endotoxin, the endotoxic activity of the LPS remaining

on the surface of intact cells is readily measurable by the LLA (54). Since the amount of endotoxin bound to the cell surface remains fairly constant, the quantitative measurement of bound or total endotoxin by the LLA should be a suitable method for approximating the number of gram-negative bacteria in fluids (54). Jorgenson, et. al. (51) used this principle to determine the number of gram-negative bacteria in urine by measuring the total endotoxin content with the Limulus lysate assay. By correlating the endotoxin content with bacterial counts in urine, they were able to detect as few as 1000 bacteria/ml (51).

Gram-positive bacteria, as well as ~~exotoxin~~ and extracellular products from gram-positive bacteria do not give a positive Limulus lysate test (81). However, several researchers (24, 28) have questioned the universal specificity of the lysate assay. Elin (24) has reported that a few polynucleotides and proteins (specifically, enzymes) gave a positive Limulus test. The concentrations required to elicit this response were from  $10^3$  to  $10^7$  times greater than the concentrations of endotoxin necessary to give a positive Limulus test. Wilfeuer et. al. (101) showed peptidoglycan isolated from the cell walls of gram-negative bacteria gave a positive Limulus test, however, the activity of the peptidoglycan was 1,000 to 400,000 times less than that of E. coli. Wilfeuer et. al. (101) suggested that other bacterial components should be investigated for their ability to initiate the

gelation of Limulus lysate. One investigator (28) did find that a viral RNA gave a positive Limulus test in approximately the same concentrations as endotoxin.

The LLA is the most sensitive test for detecting endotoxin (15,24, 51, 82, 104) and can detect as little as 1 picogram of endotoxin/ml (96, 104). The LLA is at least 10 times as sensitive as the rabbit pyrogen test used by the Food and Drug Administration as the standard endotoxin test (82) and is between  $10^6$  and  $10^7$  times as sensitive as the colorimetric assay developed by Janda and Work (45, 106).

Numerous investigators have used the LLA to detect endotoxin in blood or blood fluids (11; 21, 26, 29, 30, 35, 66, 67, 68, 72, 77, 81,90), spinal fluids (75), urine (51) and tissue homogenates (102). Intravenous fluids (52, 73) and radiopharmaceuticals (23, 42, 52, 73) have also been screened for the presence of endotoxin by the LLA. The lysate assay has also been tested for its suitability as a rapid screening test of ground meats (46). Limulus lysate reacts with the endotoxin of both aerobic and anaerobic gram-negative bacteria (90). Endotoxin concentrations in well and river water have been measured by the LLA. Endotoxin concentrations ranged from 400 micrograms/ml in the Mississippi River at New Orleans, La., to 1 microgram/ml in the Cumberland River near Nashville, Tenn. (22).

The Limulus lysate assay was first described by Levin and Bang (65). This discovery was based upon the observation that the in vitro coagu-

lation of Limulus polyphemus amoebocytes is mediated by gram-negative bacterial endotoxin (7). While elucidating the mechanism responsible for the coagulation, Levin and Band (65) determined that a protein within the amoebocytes was involved in clot formation. Several methods have been designed to extract the clottable protein from the amoebocytes (65, 81, 100, 104, 105). These various methods were developed to try to improve the sensitivity of the lysate and to correct the variability in the biological activity. Sullivan and Watson (96) were able to reduce variability among different lysate preparations and improve sensitivity by chloroform extraction of an inhibitor and the addition of divalent cations.

The mechanism of gel formation in Limulus lysate was first hypothesized by Levin and Bang (65). They suggested that clot formation was due to a reaction of amoebocyte cellular protein with an endotoxin activated enzyme. This hypothesis was substantiated in a later study by Young, Levin and Prendergast (105). Sephadex column chromatography was used to determine that the lysate was composed of 3 fractions, two of which were involved in gel formation. They proposed that a heat labile, high molecular weight protein was activated by endotoxin and then gelled a second, heat stable, clottable fraction of approximately 27,000 molecular weight. Solum (88, 89) confirmed the protein nature of the fractions and this mechanism of gel formation. Yin et. al. (104) has demonstrated that the lipopolysaccharide portion of the endotoxin

molecule reacts with the lysate in the gelation reaction. These findings were corroborated by those reported by Jorgenson and Smith (98) who found that a combination of the lipid and polysaccharide moieties of the endotoxin molecule showed slightly less lysate activity than the whole endotoxin (polysaccharide + lipid + oligosaccharide), but more activity than when tested separately.

The endpoint determination of the gelation reaction in the LLA is only semi-quantitative. Most investigators (16, 51, 53, 65, 81, 104, 105) have used an increase in viscosity or a firm gel as the endpoint. Hochstein et. al. (42) has found that this method for determining the endpoint may bias the results of the LLA by reading surface tension as a firm gel. Hochstein et. al. (42) and Sullivan and Watson (96) detected the endpoint of the LLA by reading a firm gel as one that would not break when inverted 180°. This method tended to reduce investigator bias, but may still be 50% off in detecting the endpoint due to the two-fold serial dilutions used in the lysate assay. Niwa, Hiramatsu and Woguri (76) have developed a method to quantitatively measure the amount of clottable protein formed in the reaction of endotoxin and Limulus lysate. The use of this method made the LLA quantitative with a sensitivity that ranged between 1 and 10 nanograms/ml of endotoxin. The sensitivity depended on the activity of the endotoxin used to develop the standard curve. Worthington Biochemical Corporation, Freehold, New Jersey, has developed a spectrophotometric method to

quantify the LLA assay. This technique consisted of changing reaction conditions in the lysate assay so that instead of a solid gel being formed, the reactive protein precipitated yielding a turbid suspension. The absorbance of this suspension was read on a spectrophotometer, and a standard curve was developed by plotting absorbance versus endotoxin concentration. This method was sensitive to one picogram/ml of endotoxin. Watson, Woods Hole Oceanographic Institution (personal communication) has developed a similar method which was sensitive to one picogram/ml of endotoxin.

#### Enumeration of Gram-negative Bacteria

The Limulus lysate assay detects the endotoxin of gram-negative bacteria. If the LLA is to be useful as a rapid test of water quality, the amount of endotoxin must be correlated with the number of gram-negative bacteria. Several media have been proposed to selectively enumerate gram-negative bacteria. Holding (43, 44) used a medium consisting of 0.5% meat extract, 0.5% peptone and 1:500,000 (2 ug/ml) crystal violet to enumerate gram-negative bacteria from soil. Litsky, Mallmann and Fifield (69) showed that crystal violet in a concentration of 2 ug/ml was inhibitory to Escherichia coli. They proposed that ethyl violet would be a more suitable selective agent for gram-negative bacteria. Ethyl violet in a concentration of 1.25 ug/ml was not inhibitory to Escherichia coli, Salmonella typhi and Salmonella typhimurium

while completely inhibiting Bacillus subtilis and Streptococcus faecalis (69). Several investigators have used ethyl violet as a selective agent to isolate anaerobic gram-negative bacteria (8, 32). Nile blue was shown by El Sladek and Richards (25) to inhibit gram-positive bacteria at a concentration of 100 ug/ml without inhibiting gram-negative bacteria. Brom thymol blue, o-cresolphthalein, janus green, methylene blue, safranin o, safranin Y, methyl green and p-rosaniline have all been shown to be inhibitory to gram-positive and not gram-negative bacteria (33). However, the degree of insensitivity of gram-negative organisms to these dyes was not reported. Nitrogen containing steroids (87) and B-methylpyridino derivatives (47) show promise as selective agents from gram-negative bacteria, as well.

A detergent, Tergitol 7, was shown by Pollard (78) to inhibit many gram-positive bacteria. Chapman (13) used this selective agent and triphenyltetrazolium chloride in a culture medium to isolate and confirm Escherichia coli in 10 hours. Chapman (12) and Kulp, Mascoli and Tausharijian (60) have found that the numbers of coliform bacteria on Tergitol 7 agar were 30 to 50% greater than on either Endo or Levines' eosin methylene blue agar. Tergitol 7 agar appears to be completely non-inhibitory to most gram-negative bacteria and has been used as the coliform confirmatory medium in water analysis (60) and as a selective medium for enteric bacteria (41).

Enumeration of Heterotrophic Bacteria

The standard plate count by the method given in Standard Methods for the Examination of Water and Waste Water (3) has been shown to recover a lower percentage of the total bacterial population than the streak plate method employing casein-peptone-starch (CPS) medium (48, 92) of Stark and McCoy (93). Jones (48) and Staples and Fry (92) have shown that CPS medium gave higher counts than the medium recommended in Standard Methods. The inoculation of plates by the streak method instead of pouring tempered agar onto the inoculum accounted for most of the discrepancy between the two methods (10, 27, 48, 49, 59, 91, 107). Klein and Wu (59) have reported that the streak plate method may yield up to five times the number of bacteria as on the pour plate method. The temperature of incubation may greatly influence the count obtained by the streak and pour methods. Taylor (97) and Jones (48) have indicated that an incubation temperature of 20 C provides for the greatest yield of bacteria. Bissonnett (9) and Harrison (40) have shown that bacteria may be injured in phosphate-buffered diluent so that while the cells still remain viable, they are not able to grow as readily on selective media. The harmful effects of diluent on bacterial cells can largely be corrected by the addition of 0.1% peptone to the phosphate buffer (86).

## Chapter 3

### DESCRIPTION OF THE STUDY AREA

The East Gallatin River provides an ideal situation for the study of bacterial indicators of water quality. The river's tributaries start out as high, pristine mountain streams and flow along the valley floor where they drain agricultural and/or urban areas. The effluent from a primary and secondary sewage treatment plant, after chlorination, empties directly into the river. Within 25 miles, the East Gallatin River and its primary tributaries change from small pristine streams to one that is contaminated with sewage effluent. Sites selected at different locations on the East Gallatin drainage provide samples of very diverse water quality. This situation allows the determination of the relationships between the amounts of endotoxin in water and the numbers of bacteria for waters of differing bacterial quality. The sites used in this study are described in Table 1. Figure 1 indicates their location.

Table 1. Description and location of sampling sites for microbiological and endotoxin analysis

Site	Description and Location
EF1	Located on the East Fork of Hyalite Creek, approximately 3.4 miles (5.5 km) from its source, a high mountain stream.
H3	Located on Hyalite Creek, approximately 7.0 miles (11.4 km) downstream from Hyalite reservoir, a high mountain impoundment.
H4	Located on Hyalite Creek, approximately 17.0 miles (27.4 km) downstream from Hyalite reservoir.
H5	Located on Hyalite Creek, approximately 25.0 miles (40.2 km) downstream from Hyalite reservoir, after flowing through agricultural and suburban land.
M3	Located on Mystic Creek, approximately 7.0 miles (11.3 km) downstream from Mystic reservoir, a high mountain impoundment.
M4	Located on Mystic Creek, approximately 12.0 miles (19.3 km) downstream from Mystic reservoir, after flowing through agricultural land.
M5	Located on Mystic Creek, approximately 16.0 miles (25.7 km) downstream from Mystic reservoir, after flowing through the City of Bozeman.
EG4	Located on the East Gallatin River approximately 0.1 miles (0.3 km) upstream from the Bozeman Waste Water Treatment Plant outfall.
OF2	Located on the outfall of the Bozeman Waste Water Treatment Plant, a primary and secondary treatment plant with chlorinated effluent.
EG5	Located on the East Gallatin River, approximately 0.8 mile (13.3 km) downstream from the outfall of the Bozeman Waste Water Treatment Plant.

Table 1. (continued)

Site	Description and Location
EG5A	Located on the East Gallatin River, approximately 3 miles (4.8 km) downstream from the outfall of the Bozeman Waste Water Treatment Plant.







































































































































































